

#### Scent and Stone Holistic Energies Monthly Newsletter

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April is the month of Aries, a time for motivation, strength, confidence, and courage. It's time to move forward and fight the good fight. April is also the time to focus on your Third Eye Chakra; listen to your intuition, zero in your focus, and be decisive.

Check in store for our Eostre Egg promotion. We will be offering a free Eostre/Easter Egg with a special gift inside for each customer!

#### NEW Services and Packages:

• Reishi Mushroom Facial: Shed winter skin and prep for the summer sun with antioxidant rich ingredients

- Summer Sun Prep Package: CBD Mango Vanilla Body Polish; Reishi Mushroom Facial; Cleanse Manifest Reiki
- Third Eye Intuitive Package: Third Eye Chakra Meditation; Third Eye Chakra Facial; Tarot Reading

Charity of the Month: Ukraine Relief Fund



# April Events: April 2nd-3rd Experience Psychic Fair Syracuse

Readers, Healers, Vendors, and more! Visit

Experiencepsychicfair.com

## April 8th-10th Experience Psychic Fair Batavia

Readers, Healers, Vendors, and more! Visit

Experiencepsychicfair.com

## April 13th Discussion Series: The Science of Chakra Meditation by Sheena Caito

This is our new discussion series, with a short talk by a speaker followed by discussion. This month Sheena Caito, Kundalini Yoga and Meditation teacher and Reiki Master/Teacher, will discuss how meditation affects neural pathways and trauma responses, and how the chakras connect to the endocrine system

## April 30th-May 1st Experience Psychic Fair Waterloo

Readers, Healers, Vendors, and more! Visit

Experiencepsychicfair.com

#### NEW in store:

- NEW selection of tarot and oracle cards, tapestries, altar cloths, singing bowls, and journals
- NEW selection of towers and obelisks including rhodochrosite, black Moonstone, and tiger's eye
- Crystal stars, moons, cats, and more!
- Hand carved altars
- Reiki pendulums
- Bone artwork and jewelry by Buffalo artisan RebelRose Curiosities
- Skincare products from Natpure

Color of the Month: Indigo

Stones of the Month: Lapis Lazuli, Blue Kyanite, Sodalite, Blue Goldstone, Blue Tiger's Eye

Herbs of the Month: Raspberry Leaves, Rosemary, Sage

### **READ MORE ON OUR WEBSITE**

